

# **THE NATIONAL OBESITY ACTION FORUM**

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*June 5-6, 2006*



**HYATT REGENCY  
BETHESDA, MD**

**JUNE 5-6, 2006**

## **BACKGROUND INFORMATION AND SCHEDULE OF EVENTS**

Sponsor:

**DHHS REGIONS I-X  
OFFICE OF PUBLIC HEALTH AND SCIENCE (OPHS)**

Co-Sponsors:

**OFFICE OF DISEASE PREVENTION AND HEALTH PROMOTION  
(ODPHP)**

**NATIONAL INSTITUTES OF HEALTH**  
National Institute of Diabetes and Digestive and Kidney Diseases  
Division of Nutrition Research Coordination

**PENN STATE UNIVERSITY**  
College of Health and Human Development  
Division of Conferences and Institutes

**National Obesity Action Forum Planning Committee Members:** Louis Belmonte, Carter Blakey, Peter Bordi, Isabel Canez, Clara Cobb, Annie Fair, John Farris, Van Hubbard, Melissa Johnson, Pam Kania, David Katz, Woodie Kessel, Laurie Konsella, Karen Matsuda, Kathryn McMurry, Mike Milner, Susan Wyche-Muhammad, Dalton Paxman, Pamela Starke-Reed, Betsy Rosenfeld, Nadine Simons, Brenda Solomon, Cherie Reeves Sperr, Wendy Johnson-Taylor, Joan Ware, Jane Wilson

## FORUM OBJECTIVES

The objectives of the National Obesity Action Forum are to:

- Demonstrate the Department's abiding commitment to address the problem of overweight and obesity
- Continue to foster initiatives at the community level that are consistent with the "Call to Action to Prevent and Decrease Overweight and Obesity"
- Identify lessons learned, in implementing change at the community levels, from the 10 regional conferences that have taken place since 2002 under the stewardship of the Regional Health Administrators
- Highlight activities that are a direct outgrowth of these regional meetings within state and local communities
- Forge new, sustainable strategies and partnerships in the fight against overweight and obesity.

# SCHEDULE OF EVENTS

## Monday, June 5

**7:00 a.m. – 8:30 a.m.**  
Crystal Ballroom Foyer

**CONTINENTAL BREAKFAST**

**REGISTRATION - POSTER/EXHIBITS SETUP**

**8:30 a.m. – 8:45 a.m.**  
Haverford/Baccarat Suites

**WELCOME AND CONFERENCE OVERVIEW**

**Dalton G. Paxman, Ph.D.**  
Regional Health Administrator  
U.S. Department of Health and Human Services  
Region III, Philadelphia, PA

**8:45 a.m. – 9:15 a.m.**

**CHARGE TO THE FORUM**

**ADM John O. Agwunobi, M.D., M.B.A., M.P.H.**  
Assistant Secretary for Health  
U.S. Department of Health and Human Services  
Washington, DC

**9:15 a.m. – 10:40 a.m.**

**PANEL: COMMUNITY-BASED PARTICIPATORY PROCESS**

**9:15 a.m. – 9:25 a.m.**

**Moderator: Jane Wilson, M.S.**  
Acting Regional Health Administrator  
U.S. Department of Health and Human Services  
Region VIII, Denver, CO

**9:25 a.m. – 9:40 a.m.**

**Barbara Israel, Dr.P.H.**  
Department of Health Behavior and Health Education  
School of Public Health, University of Michigan  
Ann Arbor, MI

**9:40 a.m. – 9:55 a.m.**

**Alex Allen, III, M.S.A.**  
Vice President  
Community Planning & Research Isles, Inc.  
Trenton, NJ

**9:55 a.m. – 10:10 a.m.**

**Eric K. France, M.D., M.S.P.H.**  
Chief, Preventive Medicine  
Kaiser Permanente Colorado  
Denver, CO

**10:10 a.m. – 10:25 a.m.**

**Kathryn Acheson, B.S.**  
Community Initiatives Coordinator  
Denver Urban Gardens  
Denver, CO

**10:25 a.m. – 10:40 a.m.**

**QUESTIONS/ANSWERS**

<b>10:40 a.m. – 11:00 a.m.</b> Crystal Ballroom Foyer	<b>REFRESHMENT BREAK</b>  <b>Networking/Poster and Exhibit Viewing</b>
<b>11:00 a.m. – 11:05 a.m.</b> Haverford/Baccarat Suites	<b>FITNESS BREAK – CHAIR AEROBICS</b>  <b>Marilynne Cornell</b> Llenroc Productions Philadelphia, PA
<b>11:05 a.m. – 12:30 p.m.</b>	<b>PANEL: HIGHLIGHTING COLLABORATIVE PLANNING PROCESSES</b>
<b>11:05 a.m. – 11:15 a.m.</b>	<b>Moderator: CAPT Mike Milner, PA-C</b> Regional Health Administrator U.S. Department of Health & Human Services Region I, Boston, MA
<b>11:15 a.m. – 11:35 a.m.</b>	<b>David L. Katz, M.D., M.P.H., F.A.C.P.M., F.A.C.P.</b> Associate Professor and Public Health Director Prevention Research Center Yale University School of Medicine New Haven, CT
<b>11:35 a.m. – 11:55 a.m.</b>	<b>Virginia A. Warren, M.P.A.</b> Section Manager for Chronic Disease Office of Chronic Disease and Nutrition Services Arizona Department of Health Services Phoenix, AZ
<b>11:55 a.m. – 12:15 p.m.</b>	<b>Gail Tanaka, M.S.W.</b> Health Policy Development/Coalition Coordinator Steps to Healthy King County Seattle, WA
<b>12:15 p.m. – 12:30 p.m.</b>	<b>QUESTIONS/ANSWERS</b>
<b>12:30 p.m. – 1:30 p.m.</b> Waterford/Lalique Suites and Terrace	<b>WORKING LUNCH/POSTER SESSION</b>
<b>1:30 p.m. – 2:05 p.m.</b> Haverford/Baccarat Suites	<b>VIDEO DEMONSTRATIONS</b>  <b>Moderators:</b> <b>Louis Belmonte, M.P.H.</b> Deputy Regional Health Administrator U.S. Department of Health & Human Services Region III, Philadelphia, PA  <b>Cherie Reeves Sperr, M.S.</b> Director of Programs and Operations Family Planning of Callam County Port Angeles, WA

**Demonstration: Dance Dance Revolution**

**Emily Spangler-Murphy, Ph.D.**

Co-Director

West Virginia Games for Health Project

Morgantown, WV

**Demonstration: Rez-Robics for Couch Potato Skins**

**Pam Belgarde**

Physical Activities Specialist

Indian Health Council, Inc.

Pauma Valley, CA

**2:05 p.m. – 3:15 p.m.**

**PANEL: HIGHLIGHTING COMMUNITY MODELS (Part 1)**

**2:05 p.m. – 2:15 p.m.**

**Moderador: CAPT Epifanio Elizondo Ph.D., PA-C**

Deputy Regional Health Administrator

U.S. Department of Health & Human Services

Region VI, Dallas, TX

**2:15 p.m. – 2:30 p.m.**

**Kimberly Perry**

Chair, D.C. Action for Healthy Kids

Vice Chair, Mayor's Commission on Food and Nutrition

Washington, DC

**2:30 p.m. – 2:45 p.m.**

**Helen Bellanca, M.D.**

Co-Director, Vida Entera y Sana (Whole and Healthy Life) Project

La Clinica del Carino

Hood River, OR

**2:45 p.m. – 3:00 p.m.**

**Robert Trevino, M.D.**

Founder

The Social Health and Research Center

San Antonio, TX

**3:00 p.m. – 3:15 p.m.**

**QUESTIONS/ANSWERS**

**3:15 p.m. – 3:30 p.m.**

**REFRESHMENT BREAK**

Crystal Ballroom Foyer

**3:30 p.m. – 3:35 p.m.**

**FITNESS BREAK – CHAIR AEROBICS**

Haverford/Baccarat Suites

**Marilynne Cornell**

Llenroc Productions

Philadelphia, PA

**3:35 p.m. – 4:45 p.m.**

**PANEL: HIGHLIGHTING COMMUNITY MODELS (Part 2)**

**3:35 p.m. – 3:45 p.m.**

**Moderator: CAPT Robert Davidson, L.C.S.W.**

Acting Regional Health Administrator

U.S. Department of Health & Human Services

Region II, New York, NY

**3:45 p.m. – 4:00 p.m.**

**Debbie Chang, M.P.H.**  
Senior Vice President and Executive Director  
Division of Health and Prevention Services  
Nemours Foundation  
Newark, DE

**4:00 p.m. – 4:15 p.m.**

**Jessica Hardy, R.N., M.P.H.**  
Director, Office of Women's Health  
Alabama Department of Public Health  
Montgomery, AL

**4:15 p.m. – 4:30 p.m.**

**Allison Topper, M.S.**  
Executive Director  
Pennsylvania Advocates for Nutrition and Activity  
Harrisburg, PA

**4:30 p.m. – 4:45 p.m.**

**Audrey Tayse Haynes, M.S.W.**  
National Director  
Government Relations and Policy  
YMCA of the USA  
Washington, DC

**4:45 p.m. – 5:00 p.m.**

**QUESTIONS/ANSWERS**

**5:30 p.m. – 7:00 p.m.**  
Terrace

**Reception - Cash Bar**  
**Posters - Exhibits - PSU Food Tech**  
(Rez Robics, Dance Dance Revolution and Discovery Health  
Videos Rebroadcast)

## **Tuesday, June 6**

**7:30 a.m. – 8:30 a.m.**  
Crystal Ballroom Foyer

**CONTINENTAL BREAKFAST**

**8:00 a.m. – 8:10 a.m.**  
Haverford/Baccarat Suites

**WELCOME**

**Dalton Paxman, Ph.D.**  
Regional Health Administrator  
U.S. Department of Health and Human Services  
Region III, Philadelphia, PA

**8:10 a.m. – 8:30 a.m.**

**“LIVE UP TO YOUR DREAMS”**

**Dot Richardson, M.D.**  
Vice Chair  
President's Council on Physical Fitness and Sports  
Washington, DC

- 8:30 a.m. – 10:00 a.m.                    PANEL: TOOLS FOR COMMUNITY PARTNERSHIPS:  
SUSTAINABILITY**
- 8:30 a.m. – 8:40 a.m.                    Moderator: RADM Ron Banks, M.D., M.P.H.**  
Regional Health Administrator  
U.S. Department of Health & Human Services  
Region IX, San Francisco, CA
- 8:40 a.m. – 9:00 a.m.                    Kathy Cunningham, M.Ed., R.D., L.D.**  
Senior Program Manager/ Dietitian  
Boston STEPS  
Boston Public Health Commission  
Boston, MA
- 9:00 a.m. – 9:20 a.m.                    George Flores, M.D., M.P.H.**  
Senior Program Officer  
The California Endowment  
Los Angeles, CA
- 9:20 a.m. – 9:40 a.m.                    Suzanne Steffens**  
Senior Project Manager of Obesity Initiatives  
National Center of the American Heart Association  
Dallas, TX
- 9:40 a.m. – 10:00 a.m.                    QUESTIONS/ANSWERS**
- 10:00 a.m. – 10:25 a.m.                    NETWORKING/REFRESHMENT BREAK**  
Crystal Ballroom Foyer
- 10:25 a.m. – 10:30 a.m.                    FITNESS BREAK-CHAIR AEROBICS**  
Haverford/Baccarat Suites
- Marilynne Cornell**  
Llenroc Productions  
Philadelphia, PA
- 10:30 a.m. – 12:00 p.m.                    PANEL: TOOLS FOR COMMUNITY MULTI-SECTORAL  
PARTNERSHIPS: EVALUATION**
- 10:30 a.m. – 10:40 a.m.                    Moderator: CAPT Patrick O’Carroll, M.D., M.P.H., F.A.C.P.M., F.A.C.M.I.**  
Regional Health Administrator  
U.S. Department of Health & Human Services  
Region X, Seattle, WA
- 10:40 a.m. – 10:55 a.m.                    Kathy Cope, R.N., B.A.**  
Coordinator, Spokane BMI Initiative  
Spokane County Medical Society  
Spokane, WA
- 10:55 a.m. – 11:10 a.m.                    Dianne S. Ward, Ed.D, M.S.**  
Professor and Director  
Intervention and Policy Division  
Department of Nutrition, Schools of Public Health and Medicine  
University of North Carolina  
Chapel Hill, NC

- 11:10 a.m. – 11:25 a.m.**      **Rickie Brawer, M.P.H., C.H.E.S., Ph.D.**  
Associate Director  
Office to Advance Population Health  
Thomas Jefferson University Hospital  
Philadelphia, PA
- 11:25 a.m. – 11:40 a.m.**      **Walter F. Young, Ph.D., M.A.**  
Consultant  
National Association of Chronic Disease Directors  
Golden, CO
- 11:40 a.m. – 12:00 noon**      **QUESTIONS/ANSWERS**
- 12:00 noon – 12:45 p.m.**      **LUNCH**  
Waterford/Lalique Suites
- 12:45 p.m. – 1:30 p.m.**      **TOPIC DISCUSSION/NETWORKING TABLES**  
(Conferees must register for their preferred discussion topic!)
- 1:45 p.m. – 2:30 p.m.**      **KEYNOTE ADDRESS BY THE U.S. SURGEON GENERAL  
AND HIS PREDECESSOR**  
Haverford/Baccarat Suites
- Moderator: CAPT Clara H. Cobb, M.S., R.N., C.F.N.P.**  
Acting Regional Health Administrator  
U.S. Department of Health & Human Services  
Region IV, Atlanta, GA
- VADM Richard H. Carmona, M.D., M.P.H., F.A.C.S.**  
Surgeon General  
U.S. Public Health Service  
Rockville, MD
- David Satcher, M.D., Ph.D.**  
Director, National Center for Primary Care  
Morehouse School of Medicine  
Atlanta, GA
- 2:30 p.m. – 3:00 p.m.**      **CLOSING REMARKS: THE JANUS PERSPECTIVE**
- Moderator: Dalton Paxman, Ph.D.**  
Regional Health Administrator  
U.S. Department of Health & Human Services  
Region III, Philadelphia, PA
- RADM Van S. Hubbard, M.D., Ph.D.**  
Director, Division of Nutrition Research Coordination  
National Institute of Diabetes and Digestive and Kidney Diseases  
National Institutes of Health  
Bethesda, MD
- 3:00 p.m. – 3:15 p.m.**      **REGIONAL HEALTH ADMINISTRATORS' COMMITMENT TO  
REGIONAL FOLLOW-UP**
- 3:15 p.m.**      **FORUM ADJOURNS**